



### **Episode Specific Questions**

#### [Episode 1: Jonathan Foiles, LCSW - mental health, trauma, self-care, advocacy](#)

1. What are the potential challenges for Jonathan in delivering effective cross-cultural practice?
2. Why does Jonathan self-disclose to clients? What are the benefits? What are the dangers?
3. How does Jonathan take clinical work and use it to have a macro impact?

#### [Episode 2: Nicole Clark, LMSW - consulting, reproductive justice, racial equity](#)

1. Look up cultural competence within organizations. How does Nicole help organizations to become more culturally competent?
2. How does hearing Nicole's story provide new ideas for you about the possibilities for roles for social workers?
3. Building on what Nicole says about reproductive justice, do some further study on the concept and discuss your thoughts about reproductive justice.

#### [Episode 3: Nicole Ruggiano, PhD, MSW - research, rural social work, dementia, policy advocacy](#)

1. What do you think about the term "watered-down self-determination"? How can this concept assist you with your social work practice?
2. How did Nicole build rapport with the community where she is conducting research?
3. What do you need to do to feel that you are an "expert" and engage in legislative advocacy as Nicole describes?

#### [Episode 4: Dante Barber - incarceration, reentry, prevention, criminal justice reform](#)

1. How does Dante use his experience to help others?
2. What do you think of Dante's explanation for his situation? How are young Black men marginalized?
3. What are ways to address the incarceration of youth?

#### [Episode 5: Cassandra Frederique, MSW - drug policy and decriminalization, racially biased policing, coalition building](#)

1. According to Cassandra, how does the decriminalization of drugs fit into the social work framework of social justice?
2. How does Cassandra build coalitions? What is coalition building?
3. What changes should be made to drug policy?

#### [Episode 6: Melissa Bird, PhD, MSW - empowering women, policy advocacy, graceful revolution, coaching](#)

1. How does Missy bring policy advocacy into clinical work?
2. What is your "jam"? How will you pursue it?
3. Using Missy's experience of writing a bill and having it passed into law, select an issue that is important to you and/or affects clients with whom you work. Identify a legislative policy



that impacts this issue. Write a brief summary of a potential bill you could write to address this issue.

[Episode 7 Martin Rafferty - youth leadership, mental health, school shootings, adult allies](#)

1. What does it mean to be an “adult ally” to youth? How will you take this concept into your work as a social worker?
2. How does Martin and Youth ERA address mental health stigma?
3. What changes need to happen to stop school shootings?

[Episode 8 Vilissa Thompson, LMSW - black disability, disabled women of color, empowerment, advocacy](#)

1. Vilissa speaks about identity-first language versus people-first language. Which are you more comfortable using? Why? How will this impact your work as a social worker?
2. What does Vilissa mean when she talks about #DisabilityTooWhite?
3. How are people with disabilities marginalized by society? How does race, class, and gender factor into this marginalization?

[Episode 9 Keno Walker - youth organizing, restorative justice, youth of color, community organizing](#)

1. What does Keno mean when he talks about not having the words to describe his experience? How will this influence your social work practice?
2. Keno talks about the “school-to-prison pipeline”. What is this? What can social workers do about it?
3. How is restorative justice different than the current model of criminal justice? Why should this matter to social workers?

[Episode 10 Myriam Bernardo, MSW, RCSWI - mental health, community violence, culturally effective practice](#)

1. How does community violence impact the work that Myriam is doing?
2. What possible assumptions do social workers and clients make when they have similar racial/ethnic backgrounds, or different racial/ethnic backgrounds? How does Myriam approach this with clients?
3. Myriam discussed self-care. What are you doing for your own self-care? What will you do to make sure you do not experience burn-out?

[Episode 11 Katherine Ambía, LMSW - school social work, youth, immigration, racism as trauma](#)

1. What is historical trauma? How does Katherine incorporate her knowledge of historical trauma into her work? How can you?
2. How do governmental policies, such as the family separation policy, impact people’s mental health?
3. Do you view racism as trauma? Please explain. What might influence your current thoughts on this?

[Episode 12 John Paulson, LCSW, LCAC - mindfulness meditation, incarceration, substance abuse](#)

# DOIN' THE WORK:

Frontline Stories  
of Social Change

1. What are your thoughts about people who are incarcerated?
2. What are your thoughts about substance use?
3. What are the concerns John shares about mindfulness as an intervention? How can social workers address these concerns?