

Guidelines on Mental Health and Psychosocial Support in Emergency Settings

	Minimum Responses in the Midst of Emergencies
Area	A. Common functions
Coordination	1.1 Establish coordination of intersectoral mental health and psychosocial support
Assessment, monitoring and evaluation	2.1 Conduct assessments of mental health and psychosocial issues
	2.2 Initiate participatory systems for monitoring and evaluation
Protection and human rights standards	3.1 Apply a human rights framework through mental health and psychosocial support
	3.2 Identify, monitor, prevent and respond to protection threats and failures through social protection
	3.3 Identify, monitor, prevent and respond to protection threats and abuses through legal protection
Human resources	4.1 Identify and recruit staff and engage volunteers who understand local culture
	4.2 Enforce staff codes of conduct and ethical guidelines
	4.3 Organise orientation and training of aid workers in mental health and psychosocial support
	4.4 Prevent and manage problems in mental health and psychosocial well-being among staff and volunteers
	B. Core mental health and psychosocial supports
Community mobilisation and support	5.1 Facilitate conditions for community mobilisation, ownership and control of emergency response in all sectors
	5.2 Facilitate community self-help and social support
	5.3 Facilitate conditions for appropriate communal cultural, spiritual and religious healing practices
	5.4 Facilitate support for young children (0–8 years) and their care-givers
Health services	6.1 Include specific psychological and social considerations in provision of general health care
	6.2 Provide access to care for people with severe mental disorders
	6.3 Protect and care for people with severe mental disorders and other mental and neurological disabilities living in institution
	6.4 Learn about and, where appropriate, collaborate with local, indigenous and traditional health systems
	6.5 Minimise harm related to alcohol and other substance use
Education	7.1 Strengthen access to safe and supportive education
Dissemination of information	8.1 Provide information to the affected population on the emergency, relief efforts and their legal rights
	8.2 Provide access to information about positive coping methods
	C. Social considerations in sectors
Food security and nutrition	9.1 Include specific social and psychological considerations (safe aid for all in dignity, considering cultural practices and household roles) in the provision of food and nutritional support
Shelter and site planning	10.1 Include specific social considerations (safe, dignified, culturally and socially appropriate assistance) in site planning and shelter provision, in a coordinated manner
Water and sanitation	11.1 Include specific social considerations (safe and culturally appropriate access for all in dignity) in the provision of water and sanitation